

June 2023 Menu

Monday, 5/29	Tuesday, 5/30	Wednesday, 5/31	Thursday, 6/1	Friday, 6/2
Breakfast: Yogurt Apples Milk	Breakfast: Yogurt Peaches Milk	Breakfast: Scrambled Eggs Pears Milk	Breakfast: Pancakes Apples Milk	Breakfast: Cheerios Apples Milk
Lunch: Buttered Noodles (WG) w/ Diced Ham Parmesan Carrots Pears Milk	Lunch: Tuna Salad Peas Apples Wheat Thins (WG) Milk	Lunch: Grilled Cheese (WG) Green Beans Cantaloupe Milk	Lunch: Chicken Salad Oranges Peas Wheat thins (WG) Milk	Lunch: Spaghetti (WG) with meat sauce Bananas Carrots Milk
Snack: Apples Crackers	Snack: Ham Pita chips	Snack: Muffins bananas	Snack: Pears Crackers	Snack: Turkey Bananas

Monday, 6/5	Tuesday, 6/6	Wednesday, 6/7	Thursday, 6/8	Friday, 6/9
Breakfast: Yogurt Peaches Milk	Breakfast: Diced Ham Applesauce Milk	Breakfast: French Toast (WG) Bananas Milk	Breakfast: Yogurt Bananas Milk	Breakfast: Scrambled Eggs Apples Milk
Lunch: Tuna Salad Peas Apples Wheat Thins (WG) Milk	Lunch: Hummus Apples Green Beans Pita Bread Milk	Lunch: Grilled Cheese Carrots Apples Biscuits Milk	Lunch: Spaghetti WG and Meat Sauce Tomatoes Cantaloupe Milk	Lunch: Brown Rice (WG) & Beans Broccoli Pineapple Milk
Snack: Ham Pita chips	Snack: Apples Carrots	Snack: Apple Rice Cakes Apples	Snack: Cheerios WG Banana	Snack: Turkey Bananas

Monday, 6/12	Tuesday, 6/13	Wednesday, 6/14	Thursday, 6/15	Friday, 6/16
CLOSED	Breakfast: Cottage Cheese Peaches Milk	Breakfast: French Toast (WG) Bananas Milk	Breakfast: Cottage Cheese Apple Milk	Breakfast: Scrambled Eggs Pears Milk
	Lunch: Tuna Salad Apples Peas Wheat Thins (WG) Milk	Lunch: Grilled Cheese Carrots Apples Biscuits Milk	Lunch: Turkey sandwich WG Cucumbers Pears Milk	Lunch: Scrambled eggs Sausage Bread WG Pineapple Milk
	Snack: MG cheerios Bananas	Snack: Apple Rice Cakes Apples	Snack: Blueberry bagels Wheat thins (WG)	Snack: Cheerios Bananas

Monday, 6/19	Tuesday, 6/20	Wednesday, 6/21	Thursday, 6/22	Friday, 6/23
Breakfast: Oatmeal Peaches Milk	Breakfast: Oatmeal Bananas Milk	Breakfast: Scrambled Eggs Pears Milk	Breakfast: Pancakes Apples Milk	Breakfast: Cheerios Apples Milk
Lunch: Red Beans and Brown Rice (WG) Cantaloupe Corn Milk	Lunch: English Muffin Cheese (and sauce) Broccoli Pineapple Milk	Lunch: Grilled Cheese (WG) Green Beans Cantaloupe Milk	Lunch: Chicken Salad Oranges Peas Wheat thins (WG) Milk	Lunch: Spaghetti (WG) with meat sauce Bananas Carrots Milk
Snack: Rice cakes apples	Snack: Cheese Wheat Thins (WG)	Snack: Muffins bananas	Snack: Pears Crackers	Snack: Turkey Bananas

Monday, 6/26	Tuesday, 6/27	Wednesday, 6/28	Thursday, 6/29	Friday, 6/30
Breakfast: Cottage Cheese Pineapple Milk	Breakfast: Yogurt Peaches Milk	Breakfast: Mini Wheats (WG) Bananas Milk	Breakfast: Scrambled Eggs Pears Milk	Breakfast: Blueberry Bagels Bananas Milk
Lunch: Egg Salad Sandwiches WG Pears Carrots Milk	Lunch: Tuna Salad Peas Apples Wheat Thins (WG) Milk	Lunch: Hot Dogs Buns Green Beans Pineapple Milk	Lunch: Meatloaf Cantaloupe Peas and Carrots Corn Bread Milk	Lunch: Egg Salad Sandwich (WG) Apples Broccoli Milk
Snack: Muffins Peaches	Snack: Ham Pita chips	Snack: Turkey Crackers	Snack: Wheat thins WG Bananas	Snack: Muffins Pears

*whole, unflavored milk is served to children 1 year old *1% or skim, unflavored milk is served to children ages 2 and older *WG=Whole Grain; **Bold**=WG; HM=Homemade; CSA=Community Supported Agriculture